

OCTOBER

DOMESTIC VIOLENCE

Awareness Month

#Every1KnowsSome1



WED., OCT. 5 | GWC Resource Fair

11 a.m. - 1 p.m. GWC Student Union Outdoor Patio
As part of Domestic Violence Awareness Month, GWC's Title IX Office is hosting a Resource Fair to provide information for survivors and allies from community organizations that raise awareness of relationship violence, as well as providing opportunities to get involved.

THURS., OCT. 6 | Modern Dating Safety

12 p.m. - 1 p.m.
Digital dating exploded during the pandemic -- and with it came new features, trends and apps. Not surprisingly, new and heightened risks materialized as well - many of which are preventable. In this interactive session, we discuss how students can navigate and prevent common concerns including impersonation/catfishing, recruiting, dating app stalking, harassment and more.

TUES., OCT. 11 | Title IX Open House

3 p.m. - 4 p.m.
Learn more about Title IX policies and how the Title IX Office can support you through reporting, supportive measures, and training/awareness programs. Join and leave at any point during the hour. Title IX Coordinators include Leighia Fleming, Coastline College, Dr. Carla Martinez, Golden West College, and Shannon Quihuiz, Orange Coast College.

FRI., OCT. 14 | AirTags, Deepfakes, & Stalkerware??: Emerging Digital Safety Issues

12 p.m. - 1 p.m.
Here we demystify the latest challenges faced by students and how they can identify, prevent and address them before they become mainstream. In this session, we cover emerging challenges including deepfakes, fake nudes, AirTags, Stalkerware and smart-home abuse.

TUES., OCT. 18 | OCC Resource Fair

11 a.m. - 1 p.m. OCC Main Quad
As part of Domestic Violence Awareness Month, OCC's Title IX Office is hosting a Resource Fair to provide information for survivors and allies from community organizations that raise awareness of relationship violence, as well as providing opportunities to get involved.

WED., OCT. 19 | Healthy Families

5 p.m. - 6:30 p.m.
Healthy families begin at home. Laura's House will present a workshop to help students create a healthy family dynamic that will work no matter the make-up of the family. Together we will identify generational patterns, assess areas for growth and build safe communication practices. The workshop not only instructs but gives easy to apply principles that can be incorporated into any family dynamic.

THURS., OCT. 20 | Wear Purple

Join us and wear Purple for Domestic Violence Awareness Day, also known as #PurpleThursday and post a picture on your college's app.

THURS., OCT. 20 | Yoga for Healing

5 p.m. - 6 p.m.
Yoga is an empowering practice that prioritizes the lived experience and healing of each survivor. Please join us in a trauma-informed class that is centered on connecting survivors with community and healing.

TUES., OCT. 25 | Green Dot Bystander Training

12 p.m. - 1 p.m.
Interested in learning about bystander intervention and how to end power-based personal violence on campus? Join us for an introductory session that examines choices and actions you make in response to harmful situations and ways to be an empowered bystander.

WED., OCT. 26 | Healing through Art - Break the Silence

12 p.m. - 1:30 p.m.
Domestic Violence Awareness Month is a time to bring awareness to survivors and show support. Healing comes in all different ways; we hope you join our Title IX offices for an afternoon of healing through the expression of art. The first 25 students to register from each college will receive a painting kit. Sign up by October 12th to receive supplies.

THURS., OCT. 27 | Healthy Relationships in the Digital Age

12 p.m. - 1 p.m.
In so many ways, the things we value in a healthy relationship (trust, respect and safety) tend to change in online spaces. And not always for the better. In this session, we breakdown how our relationships to consent, safety, boundaries and empathy can become distorted in online spaces - and adjustments we can all make to ensure that doesn't happen while also protecting ourselves from unhealthy relationship behaviors.

FRI., NOV. 4 | Women's Self Defense Class

Join OCC's Campus Public Safety and Kinesiology Professor for the Rape Aggression Defense (R.A.D.) System. The R.A.D. System is a national program of realistic self-defense tactics and techniques taught for self-identifying women. The R.A.D. System will provide students with the knowledge to make an educated decision about personal defense and you will learn physical and non-physical options, as well as insight into the attacker mindset. The curriculum is 9 hours long and there is a \$10.00 deposit to reserve your spot. If interested, register at: tinyurl.com/RADSelfDefense

REGISTRATION LINKS:

tinyurl.com/ViolenceAwarenessMonth

All Zoom links and passcodes will be emailed one week prior to each event.

